



Babes on the Square Too Weekly Menu November 25-29, 2024

Meal	Component	Ages 1-2	Ages 3-5	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk	1/2 cup Whole	3/4 cup 2%	milk	milk	milk	T	T
	Fruit/Vegetable	1/4 cup	1/2 cup	slice apples	pineapple	banana	H	H
	Grain/Meat	1/2 oz eq	1/2 oz eq	rice crispy	French toast sticks	waffles	A	A
Lunch	Milk	1/2 cup Whole	3/4 cup 2%	milk	milk	milk	N	N
	Fruit	1/8 cup	1/4 cup	mandarin oranges	Banana	apple sauce	K	K
	Vegetable	1/8 cup	1/4 cup	roasted broccoli	Mixed vegetable	roasted cauliflower	S	S
	Grain	1/2 oz eq	1/2 oz eq	whole grain bread	French fries	brown rice	G	G
	Meat/Meat Alternative	1 oz	1 1/2 oz	grilled cheese	chicken tenders	turkey meat balls	I	I
	Milk	1/2 cup Whole	1/2 cup 2%	water	water	water	V	V
Snack Pick 2	Vegetable	1/2 cup	1/2 cup				I	I
	Fruit	1/2 cup	1/2 cup	peaches	salsa	apricots	N	N
	Grain	1/2 oz eq	1/2 oz eq	graham crackers	tortillas		G	G
	Meat/Meat Alternative	1/2 oz	1/2 oz			low fat vanilla yogurt	break	break