

# Babes on the Square Too

**Week Beginning: September 30<sup>th</sup> thru October 4<sup>th</sup>**



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk	Milk	Milk
	Fruit Cocktail	Sliced Oranges	Diced Pears	Sliced Bananas	Diced Peaches
	Rice Chex	English Muffin	Cream of Wheat	Cheerios	Biscuits
		Strawberry Jam			Honey Butter
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk	Milk	Milk
	Spaghetti w/ Turkey Sauce	Turkey Tetrazzini	Turkey Pot Pie	Chicken Lo'Mein	French Bread Pizza
	Mixed Vegetable	Peas	Soup Vegetables	Oriental Vegetables	Crinkle Cut Carrots
	Diced Peaches	Applesauce	Fruit Cocktail	Fruit Cocktail	Mandarin Oranges
	Whole Wheat Bread	Noodles	Pie Crust	Lo'Mein Noodles	French Bread
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal					
	Apples	Bananas	Fresh Pears	Fresh Pineapple	Apples
	Ghram Crackers	Ritz Crackers	Animal Crackers	Cheddar Goldfish	Fig Newtons

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.