

Babes on the Square Too

January 21st through the 25th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Fruit Cocktail	Diced Pears	Diced Peaches	Applesauce	Fruit Cocktail
	Kix Cereal	Rice Chex	French Toast	Mini Bagels w/ Cream Cheese	Cheerios
	Yogurt				
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Ground Turkey Stroganoff	Beef Chili	Chicken' Ala King	Chicken Enchiladas	Turkey Sandwiches
	Peas	Chili Beans	Asst. Vegetables	Mexicali Corn	Crinkle Cut Carrots
	Diced Pears	Fruit Cocktail	Applesauce	Fruit Cocktail	Fruit Cocktail
	Pasta	Oyster Crackers	Whole Wheat Bread	Rice	Whole Wheat Bread
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal					Milk
	Apples	Bananas	Fresh Pineapple	Diced Pears	
	Cheddar Goldfish	Ghram Crackers	Pretzel Goldfish	Ritz Crackers	Special Treat

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.