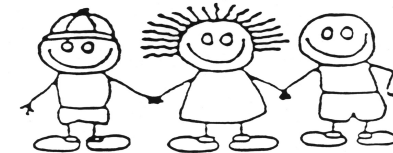


# Babes on the Square Too

January 14<sup>th</sup> through January 18th

Week Beginning: \_\_\_\_\_



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk	Milk	Milk
	Diced Pears	Applesauce	Diced Peaches	Mandarin Oranges	Diced Pears
	English Muffin with Strawberry Jam	Cream of Wheat	Harvest Oatmeal	French Toast Sticks	Mini Blueberry Muffins
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk	Milk	Milk
	Creamy Chicken Cheese Bake	Swedish Mini Meatballs	Salisbury Steak	Cheeseburger Macaroni Bake	Pub Fish Nuggets
	Green Beans	Mixed Vegetables	Peas with Pearl Onions	Green Beans	Steamed Carrots
	Applesauce	Diced Pears	Diced Peaches	Fruit Cocktail	Applesauce
	Pasta	Wheat Bread	Whole Wheat Bread	Pasta	Whole Wheat Bread
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal					
	Apples	Bananas	Mandarin Oranges	Pears	Diced Peaches
	Cheddar Goldfish	Ghram Crackers	Ritz Crackers	Triscuits	Animal Crackers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.