

# Babes on the Square Too



**Week Beginning: December 3<sup>rd</sup> through 7<sup>th</sup>**

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk	Milk	Milk
	Diced Peaches	Apples	Mandarin Oranges	Diced Pears	Mandarin Oranges
	Rice Chex Cereal	English Muffins	Banana Bread	Mini Pancakes	Life Cereal
		Turkey Sausage Patties			
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk	Milk	Milk
	Chicken Pasta Salad	Artichoke Spinach Dip	Stuffed Shells	Butter Bean Soup with Smoked Turkey	Roast Chicken O'Brien
	Broccoli and Peas	Artichokes and Spinach	Steamed Carrots	Soup Vegetables	Diced Potatoes
	Fruit Cocktail	Diced Pears	Applesauce	Applesauce	Fruit Cocktail
	Pasta	Soft Pretzel Bites	Pasta Shells	Flat Bread	Whole Wheat Bread
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal					Milk
	Apples	Bananas	Blueberry Parfaits	Pears	
	Ghram Crackers	Ritz Crackers	Granola	Cheddar Goldfish	Animal Crackers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. All Menu items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.