

Babes on the Square Too



November 5th thru the 9th

Week Beginning: _____

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Applesauce	Fruit Cocktail	Diced Peaches	Diced Pears	Bananas
	Cornflakes Cereal	Peaches and Cream Oatmeal	Biscuits with Strawberry Jam	Cheerios Cereal	Kix Cereal
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Turkey Chili with Beans	Chicken Noodle Soup	Hamburgers	Turkey Sandwiches	Spaghetti with Ground Turkey
	Fruit Cocktail	Diced Peaches	Tater Tots	Assorted Vegetables	Broccoli
	Mixed Vegetable	Carrots/ Celery	Fruit Cocktail	Applesauce	Fruit Cocktail
	Ritz Crackers	Crackers	Whole Wheat Bun	Whole Wheat Bread	Pasta
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal					
	Apples	Bananas	Diced Pears	Apples	Applesauce
	Ritz Crackers	Animal Crackers	Cheddar Goldfish	Ghram Crackers	Fig Newton

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen