

# Babes on the Square Too

July 23<sup>rd</sup> through the 27<sup>th</sup>

Week Beginning: \_\_\_\_\_



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk	Milk	Milk
	Fresh Apples	Fresh Pineapple	Mixed Fruit	Fresh Strawberries	Fruit Cocktail
	Cheerios	Life Cereal	French Toast	Waffle Sticks	Rice Chex Cereal
				Turkey Sausage Patties	
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk	Milk	Milk
	Cold Chicken and Pasta Salad	Chicken and Dumplings	Hamburgers	Turkey Sandwiches	Roast Turkey with Stuffing
	Vegetables and Pasta	Mixed Vegetables	Lettuce and Pickles	Mixed Vegetables	Green Beans
	Fruit Cocktail	Applesauce	Fruit Cocktail	Applesauce	Diced Peaches
	Pasta Noodles	Noodles	Potato Roll	Whole Wheat Bread	Stuffing
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal					
	Fresh Strawberries	Bananas	Plums	Diced Pears	Fresh Apples
	Ritz Crackers	Ghram Crackers	Animal Crackers	Mini Pretzels	Cheddar Goldfish

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.