

# Babes on the Square Too

July 16<sup>th</sup> through 20<sup>th</sup>

Week Beginning: \_\_\_\_\_



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk	Milk	Milk
	Diced Pears	Diced Peaches	Applesauce	Mandarin Oranges	Fruit Cocktail
	Rice Chex	Bread Pudding	Kix Cereal	Biscuits with Honey Butter	Life Cereal
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk	Milk	Milk
	Scallop Potatoes with Ham	Sweet and Sour Meatballs	Roast Beef Sandwiches	Cheeseburger Macaroni Bake	Baked Ziti with Ground Turkey
	Mixed Vegetables	Oriental Vegetables	Steamed Carrots	Green Beans	Broccoli
	Applesauce	Diced Pears	Fruit Cocktail	Fruit Cocktail	Diced Pears
	Whole Wheat Bread	Rice	Whole Wheat Bread	Pasta	Pasta
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal			Milk		
	Strawberries	Sliced Oranges		Fresh Cantaloupe	Plums
	Ghram Crackers	Pretzel Goldfish	Animal Crackers	Ritz Crackers	Cheddar Goldfish

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.