

Babes on the Square Too

July 9th through 13th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Applesauce	Strawberries	Fresh Blueberries	Fruit Cocktail	Fresh Honeydew
	Mini Blueberry Muffins	Cheerios	Fruit Parfaits	Kix Cereal	Biscuits with Strawberry Jam
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Kielbasa with Baked Beans	Sliced Cheese Sandwich	Ham Sandwiches	Chicken Fajitas	Fish Nuggets
	Baked Beans	Chicken Noodle Soup	Sliced Cucumbers	Mixed Peppers and Onions	Peas
	Mixed Fruit	Fruit Cocktail	Applesauce	Fruit Cocktail	Diced Peaches
	Potato Roll	Whole Wheat Bread	Whole Wheat Bread	Flour Tortilla	Whole Wheat Bread
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal					
	Apples	Bananas	Fresh Pineapple	Mandarin Oranges	Plums
	Animal Crackers	Cheddar Goldfish	Ghram Crackers	Ritz Crackers	Fig Newtons

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.