

Babes on the Square Too

January 29th through February the 2nd

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Vegetable.	Diced Pears	Diced Peaches	Fruit Cocktail	Diced Pears	Fruit Cocktail
Bread/Cereal	Kix Cereal	Cheerios	Cranberry Scones	Bread Pudding	Life Cereal
Other					
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Smoked Ham Cubes with Diced Potatoes and Onions	Hamburgers with the Fixings	Stuffed Shells	Cheesy Chicken Hash Brown Casserole	Roast Ham with Pineapple Sauce
Vegetable. or Fruit	Mixed Fruit	Diced Peaches	Applesauce	Fruit Cocktail	Diced Pears
Vegetable. or Fruit	Green Beans	Lettuce/Tomatoes/Pickle	Green Beans	Hash Browns	Green Beans
Bread	Whole Wheat Bread	Whole Wheat Roll	Pasta	Ritz Crackers	Citrus Rice
PM Snack: * (select 2 items)					
Milk					
Meat/Meat Alt.					
Juice/Fruit/Vegetable.					
	Apples	Bananas	Diced Pears	Applesauce	Diced Peaches
Bread/Cereal	Ghram Crackers	Ritz Crackers	Pretzel Fish	Pretzel Goldfish	Cheddar Goldfish

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.