

Babes on the Square Too

January 15th through January 19th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Vegetable.	Diced Pears	Applesauce	Diced Peaches	Mandarin Oranges	Diced Pears
Bread/Cereal	English Muffin with Strawberry Jam	Cream of Rice	Harvest Oatmeal	French Toast Sticks	Mini Blueberry Muffins
Other					
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Creamy Chicken Cheese Bake	Split Peas Soup with Smoked Turkey	Roast Turkey	Cheeseburger Macaroni Bake	Ham Sandwiches
Vegetable. or Fruit	Green Beans	Soup Vegetables	Peas with Pearl Onions	Green Beans	Steamed Carrots
Vegetable. or Fruit	Applesauce	Diced Pears	Diced Peaches	Fruit Cocktail	Applesauce
Bread	Pasta	Wheat Bread	Cornbread Stuffing	Pasta	Whole Wheat Bread
PM Snack: * (select 2 items)					
Milk					
Meat/Meat Alt.					
Juice/Fruit/Vegetable.				Yogurt Parfait	
	Apples	Bananas	Mandarin Oranges		Diced Peaches
Bread/Cereal	Cheddar Goldfish	Ghram Crackers	Ritz Crackers	Granola	Animal Crackers

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.