

# Babes on the Square Too

December 18<sup>th</sup> through 22<sup>nd</sup>

Week Beginning: \_\_\_\_\_



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk	Milk	Milk
	Fruit Cocktail	Dice Pears	Mandarin Oranges	Fruit Cocktail	Diced Peaches
	Waffle Sticks	Cheerios	Rice Chex Cereal	Buttermilk Biscuits	Harvest Oatmeal
				Turkey Sausage Patties	
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk	Milk	Milk
	Deli Turkey Sandwiches	Cheesy Chicken with Vegetables	Chicken and Dumplings	Baked Ziti	Beef and Noodles
	Baby Carrots	Mixed Vegetables	Whipped Potatoes	White Corn	Green Beans
	Diced Peaches	Applesauce	Fruit Cocktail	Applesauce	Fruit Cocktail
	Whole Wheat Bread	Whole Wheat Bread	Hawaiian Roll	Pasta	Pasta
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal			Milk		
	Apples	Banana		Fresh Pineapple	Applesauce
	Ghram Crackers	Pretzel Goldfish	Zucchini Bread	Cheddar Goldfish	Fig Newton

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. All Menu items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.