

Babes on the Square Too

December 11th through 15th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Vegetable.	Fruit Cocktail	Pears	Mandarin Oranges	Sliced Oranges	Fruit Cocktail
Bread/Cereal	Mini Blueberry Muffins	Breakfast Hot Rice Cereal	Biscuits with Jam	French Toast	Asst. Cereal
Other					
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Baked Macaroni with Cheese and Smoked Ham	Meatball Subs	Tomato Chicken Cheese Bake	Chicken Lo'Mein	Turkey Sandwiches
Vegetable. or Fruit	Diced Pears	Diced Peaches	Fruit Cocktail	Oriental Vegetables	Cucumbers with Ranch
Vegetable. or Fruit	Green Beans	Mixed Vegetable	Corn	Diced Peaches	Applesauce
Bread	Pasta	Club Rolls	Noodles	Noodles	Whole Wheat Buns
PM Snack: * (select 2 items)					
Milk				Milk	
Meat/Meat Alt.					
Juice/Fruit/Vegetable.					
	Apples	Bananas	Hummus		Fresh Pineapple
Bread/Cereal	Pretzel Fish	Ghram Crackers	Pita Chips	Fig Newtons	Ritz Crackers

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. All Menu items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.