

Babes on the Square Too

October 30th through November 3rd

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Fresh Fruit	Diced Peaches	Sliced Oranges	Bananas	Diced Apples
	Cream of Wheat	Kix Cereal	Pancakes w/Syrup	Grape-nut Flakes	Cheerios
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Cheese and Sirloin Potato Bake	Split Pea Soup with Smoked Turkey	French Bread Pizza	Chili w/ Ground Turkey	Chicken Parmesan
	Spinach	Peas	Corn	Mixed Vegetables	Mixed Vegetables
	Mixed Fruit	Fruit Cocktail	Applesauce	Mandarin Oranges	Diced Peaches
	Slice Whole Wheat Bread	Crackers	French Bread	Oyster Crackers	Spaghetti Noodles
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal					
	Apples	Bananas	Diced Peaches	Fresh Pears	Apples
	Ghram Crackers	Animal Crackers	Johnny Cakes with Honey Butter	Cheddar Goldfish	Pretzels

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.