

Babes on the Square Too

October 23rd through 27th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Diced Peaches	Diced Pears	Fruit Cocktail	Blueberries	Mixed Fruit
	Cheerios	Mini Blueberry Muffins	Asst. Cereals	Parfaits	Kix Cereal
				Granola	
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Beef and Noodle Soup	Hot Turkey Sandwiches	Macaroni with 3 Cheese	Sheppard's Pie	Texas Rice Casserole
	Mixed Vegetables	Hot Corn	Broccoli	Whipped Potatoes	Broccoli
	Fruit Cocktail	Mandarin Oranges	Applesauce	Diced Peaches	Applesauce
	Wheat Roll	Fresh Rolls	Pasta	Hawaiian Roll	Rice
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal			Milk		
	Apples	Bananas		Pears	Sliced Oranges
	Pretzel Goldfish	Ghram Crackers	Banana Bread	Ritz Crackers	Mini Pretzels

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen