

Babes on the Square Too

July 31st through August 4th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Vegetable.	Mandarin Oranges	Diced Peaches	Mixed Fruit	Fruit Cocktail	Diced Peaches
Bread/Cereal	Kix	Waffle Sticks	Grapenut Flakes	Cream of Wheat	Asst. Cereals
Other					
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Macaroni with 3 Cheeses	Chef's Salad with Deli Meats and Cheeses	Swedish Meatballs	Deli Turkey Sandwiches	Beef Stew
Vegetable. or Fruit	Diced Pears	Applesauce	Mandarin Oranges	Tater Tots	Stew Vegetables
Vegetable. or Fruit	Peas	Salad Mix	Peas	Diced Pears	Applesauce
Bread	Pasta	Whole Wheat Bread	Rice	Sliced Wheat Bread	Potato Roll
PM Snack: * (select 2 items)					
Milk					
Meat/Meat Alt.					
Juice/Fruit/Vegetable.	Apples	Fresh Strawberries	Bananas	Cantaloupe	Sliced Oranges
Bread/Cereal	Ritz Crackers	Ghram Crackers	Pretzel Fish	Animal Crackers	Mini Pretzels

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu is subject to change without notice,, any changes will be reflected the day of on the menu board outside kitchen.